





# English Courses for Adults in Brighton and Eastbourne

Helping you to build your future







## Welcome to ELC

The English Language Centre is a not-for-profit organisation. Our courses and teaching provide effective training for students who need English for work, study, travel or personal pleasure.

We understand that everyone is unique with different needs and different goals. We will provide you with individual attention to help you achieve your goals.

We look forward to welcoming you to ELC at our schools in Brighton and Eastbourne.

# **Our Mission**

To transform lives by enabling people to better communicate globally through:

- teaching of the English language
- promoting inter-cultural understanding
- encouraging appreciation of the different ways we all live, think and learn



**Excellence:** we aim to offer the highest standards in teaching, training, services and facilities

**Integrity:** we aim to be honest, fair and ethical in all our relationships

**Innovation:** we believe in constantly reviewing and developing our teaching, facilities, services and staff

**Respect:** we endeavour to treat everyone equally and with respect, understanding that everyone is unique with different needs and different goals

**Collaboration:** we recognise the importance of working and studying together, as a team









# Why choose ELC?

- our experience since 1936 in Eastbourne and 1962 in Brighton
- ▼ recognised as 'Centres of Excellence' \*
- 2 beautiful locations with easy access to London and international airports
- friendly, caring and safe learning environments
- wide variety of English language courses for adults and young adults
- experienced and professional teachers
- good nationality mixes
- quality accommodation close to school (max 30 minutes)
- ▼ flexibility, personal care and continuous support
- ♥ good facilities with modern technology
- full social programme of afternoon/evening activities and weekend excursions

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 $<sup>^{</sup>f{\star}}$  based on EL Gazette's review of British Council publishable statements.



# **Brighton**

Brighton is a vibrant, cosmopolitan city – a city of education and entertainment. Often called 'London-by-Sea', it has some of the best shopping, restaurants, pubs and night clubs on the south coast of England.

Population: 275,000 London: 50-60 minutes Gatwick airport: 35 minutes Heathrow airport: 75-90 minutes











# **ELC Brighton**

**Fact File** 

Located in beautiful Palmeira Square, 5 minutes' walk from the beach and 10-15 minutes' walk to the city centre, ELC Brighton is a large, spacious school combining modern facilities with a unique historic interior.



#### Nationality mix\* Student ages\* · interactive whiteboards, iPads, smart TVs ■ Western Europe • free Wi-Fi 15% ■ Eastern and Central Europe · 2 student lounges with flat-screen TVs Asia & Far East · student 'kitchen' with microwaves, kettles 11% Central & South America + drinks machines · Study Centre and Computer Room Africa & Middle East 18-25 26-30 31-40 41-50 23% bookshop \*based on 2018 data • Business Centre with business lounge Maximum Minimum + computer room Founded Capacity Classrooms · large Lecture Hall age patio 1962



# **Eastbourne**

Eastbourne is a quiet, safe town – a traditional seaside town famous for its beautiful setting between the green hills of the South Downs, the white cliffs of Seven Sisters and the sea.

Population: 100,000 London: 90 minutes

Gatwick airport: 60 minutes
Heathrow airport: 120 minutes



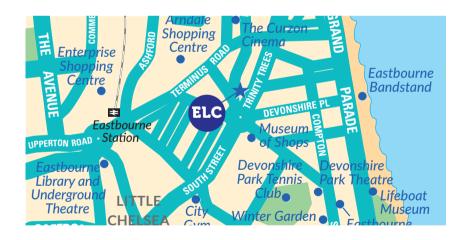






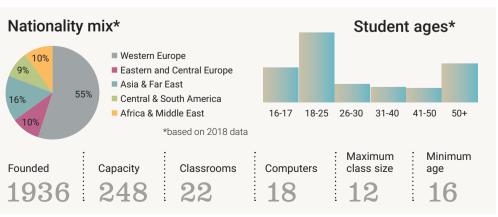
# **ELC Eastbourne**

Located in the centre of town, only 5 minutes' walk from the beach, the station and the main shopping centre, ELC Eastbourne is a medium-sized school with modern facilities and a beautiful garden.



#### **Fact File**

- interactive whiteboards, iPads, smart TVs
- free Wi-Fi
- large student lounge with flat-screen TV and table-tennis
- student 'kitchen' with microwaves, kettles + drinks machines
- games room with pool table and PCs
- Study Centre and Computer Room
- bookshop
- spacious garden





# **Our Teaching**

Our aim is to help you achieve your language learning goals and communicate in real life situations.

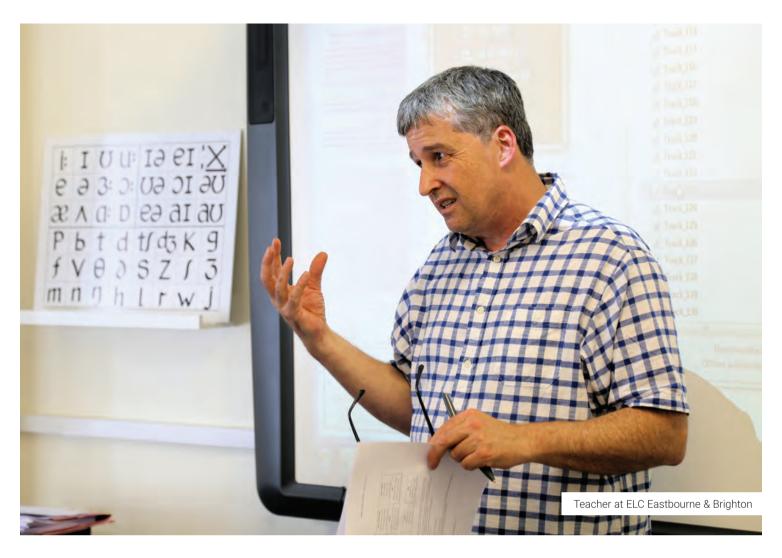
#### It is a partnership between you and us. We offer:

- small, mixed nationality classes
- serious study with motivating, fun lessons
- learner-centred classes with personal attention
- regular progress tests and tutorials every 4 weeks
- qualified teachers, a high ratio with many years' experience and diploma or masters qualifications









# **Our Levels**

<b>ELC Levels</b>		IELTS	Cambridge
C2 Upper-advanced	You can use English very well in demanding situations Your performance level may be above an average native speaker	8 – 9	CPE
C1 Advanced	You can use and understand complex language You can use English well in all but the most demanding situations	7 – 8	CAE
B2 Upper-intermediate	You can use English effectively in all familiar situations You can use more complex English and cope with more demanding situations	5 - 6.5	FCE
B1 Intermediate	You can use English to express simple ideas and achieve results You can use a range of basic language well in most situations	4 – 5	PET
A2 Pre-intermediate	You can use English in most familiar situations You can use English in a limited way in more difficult situations	3	KET
A1/A2 Elementary	You can use your English at a 'survival' level You can use English only in very familiar situations		
A1 Beginner	You can understand and use very basic vocabulary and grammar You can ask and answer very simple questions about yourself		

On average it takes about 12 weeks to complete one level. Your progress will depend on many factors including your motivation, attendance and how much you use English outside class.



# **General English courses**

Our General English courses are designed to give you the confidence to communicate effectively in real-life situations.

## **General English (GE25/GE30)**

The course provides a balanced programme focusing on the skills of speaking, listening, reading and writing whilst covering essential grammar, vocabulary, pronunciation, idioms and colloquial language.

The course provides effective training for students who need English for work, study, travel or personal pleasure.

# In addition to a core morning programme of 20 lessons study, we offer the possibility:

- to focus more specifically on your goals with 1 or 2 electives per afternoon
- to combine English language study with developing a practical skill
- to focus specifically on your language needs with one-to-one lessons



#### **Course Facts**

**Hours:** 25 or 30 lessons/week (18.75 or 22.5 hours)

**Start:** Any Monday

Class size: Maximum 12 students (average 10)

**Level:** Beginner to Advanced **Age:** Minimum 16 (average 23)



## General English afternoon electives

Our afternoon options programme helps you to focus more specifically on your needs and goals.

#### Speaking, pronunciation & listening

Develop your real-life conversation skills and fluency. Improve your pronunciation so that people will understand you better.

#### Academic English IELTS/EAP\*

Preparation for the academic IELTS exam and for university study. Study all 4 IELTS papers, practise listening for lectures and giving presentations.

## Cambridge exam preparation\*

Training in exam techniques. Study reading, writing, speaking, listening and grammar in use for Cambridge First (FCE) and/or Advanced (CAE).

## Reading, writing and vocabulary

Build your vocabulary and learn techniques to remember and use more words and phrases correctly. Practise vocabulary in context.

#### **English for Work\***

Introduction to English used in work situations. Focus on making phone calls, language for presentations, meetings and negotiations.

#### **TOEIC preparation\***

Complete and thorough preparation for the listening and reading exam. Practise exam questions and learn exam techniques.

Or, at extra cost, you could choose one-to-one lessons for intensive personalised study.

## General English + One-to-One (GEO25/30)

Your teacher will design the afternoon 1:1 course just for you. For example, study business English for your job, prepare for an important exam, practise conversation.

Electives are subject to availability at each centre. \*Intermediate to advanced



## General English Plus options (Eastbourne)

The General English Plus options allow you to combine morning lessons on the General English course with afternoons practising and developing a practical skill.

#### Yoga/Natural Health (GEPNH)

Choose from a wide range of natural fitness classes like Pilates, yoga, Tai Chi, shiatsu and therapies like aromatherapy and massage.

#### **Horse-riding (GEPH)**

For all levels from complete beginner to British Horse Society (BHS) qualifications.

#### **Watersports (GEPW)**

Learn and practise watersports like kayaking, sailing, windsurfing, paddle-boarding and body boarding.

#### **Golf (GEPG)**

Lessons with a professional coach at Eastbourne Golf Park.

#### **Tennis (GEPT)**

Lessons with a professional tennis coach who will help you to improve all aspects of your game.



#### **Course Facts**

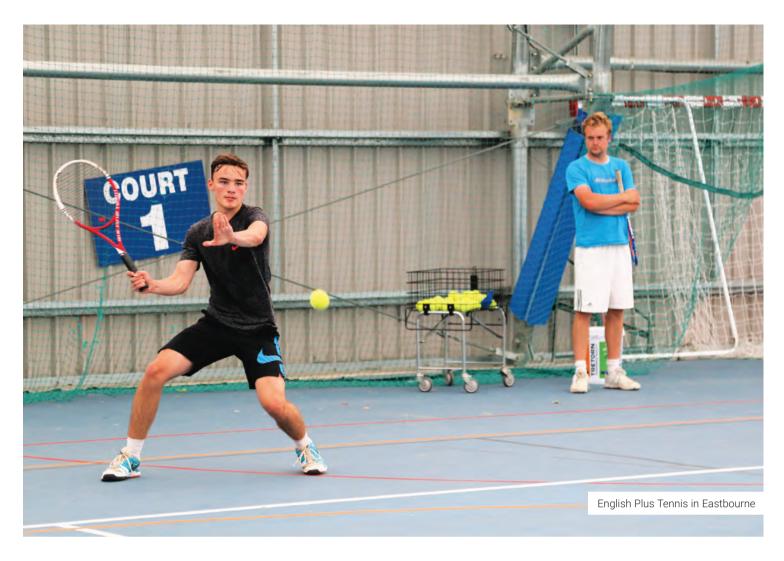
**Hours:** 20 lessons (15 hours) + 3 afternoons of Plus per week

Start: Any Monday

Class size: Maximum 12 students (average 10)

Level: Beginner to Advanced

Age: Minimum 16



# General English course timetables

	Monday	Tuesday	Wednesday	Thursday	Friday
08.30 ELC opens					
GE25, GE30 and	9.00 – 10.30 Core GE lessons	9.00 – 10.30 Core GE lessons	9.00 – 10.30 Core GE lessons	9.00 – 10.30 Core GE lessons	9.00 – 10.30 Core GE lessons
GE Plus mornings	11.00 – 12.30 Core GE lessons	11.00 - 12.30 Core GE lessons	11.00 - 12.30 Core GE lessons	11.00 - 12.30 Core GE lessons	11.00 - 12.30 Core GE lessons
GE25 programme	13.30 - 14.30 Elective 1	13.30 - 14.25 Elective 1	13.30 - 14.25 Elective 1	13.30 - 14.25 Elective 1	Free time or self-study in
GE30 programme	14.35 - 15.30 Elective 2	14.30 - 15.30 Elective 2	14.35 - 15.30 Elective 2	14.35 - 15.30 Elective 2	Study Centre
17.30 ELC closes	Free time or self-study in Study Centre				

General English Plus afternoon class times and days may vary.



# **Examination courses**

ELC provides a wide range of courses and examinations to help you achieve the English language qualifications you need for your future – for business, for academic study and for travel/life.

#### We can help you prepare for:

- Cambridge English exams (CPE, CAE, FCE, PET, KET)
- Cambridge Business English exams (BEC)

#### ELC is an official examination centre for:

- Trinity College GESE
- Cambridge BEC
- LCCI English for Business Examinations
- Language Cert International ESOL

#### **Course Facts**

Hours: 25 or 30 lessons/week (18.75 or 22.5 hours)

Start: Fixed dates

Class size: Maximum 12 students (average 10)

**Level:** Intermediate to Advanced **Age:** Minimum 16 (average 22)







Our intensive exam preparation courses provide complete and careful preparation for all aspects of the relevant exam.

## **Cambridge Examination courses (CC25/30)**

Separate, intensive courses - Cambridge B2 First (FCE), C1 Advanced (CAE) and C2 Proficiency (CPE).

## **Introduction to Business English (IBE25/30)**

Achieve a good general knowledge of the use of English in business situations and prepare for LCCI English for Business exam at Level 1 and 2.

### **IELTS Preparation course (IELTS25/30)**

Complete and careful preparation for all aspects of the academic IELTS module.

#### Cambridge IELTS TOEFL iBT TOEIC Trinity GESE Cambridge BEC

C2 Upper-advanced	CPE	8 – 9			12	
C1 Advanced	CAE	7 – 8	110 – 120	945	10 – 11	BEC Higher
B2 Upper-intermediate	FCE	5 - 6.5	87 – 109	785	7 – 9	BEC Vantage
B1 Intermediate	PET	4 – 5	57 – 86	550	5 – 6	BEC Preliminary
A2 Pre-intermediate	KET	3		225	3 – 4	
A1/A2 Elementary				120	1 – 2	
A1 Beginner						

This table provides an approximate guide of which exams can be taken at each level.



# Long-term study

## Study Year Programme (SYP25/SYP30)

The Study Year Programme is our most flexible and economic option for studying for 6 months or more.

#### It is a comprehensive language programme designed to help you prepare for your future. You can:

- develop overall confidence and fluency in English
- communicate effectively in English
- gain internationally recognised qualifications
- develop English for social, academic and work environments
- experience UK life and culture
- make friends with people from all over the world

#### **Key features**

- wide variety of General English, afternoon options and intensive exam courses
- choose the courses that best meet your needs
- 1 free exam included from IELTS, FCE, CAE, CPE, LCCI and Language Cert
- 1 free airport transfer on arrival (Gatwick or Heathrow)
- study before, during and after your stay with ELC online
- regular progress tests and tutorials every 4 weeks

#### **Course Facts**

Hours: 25 or 30 lessons/week (18.75 or 22.5 hours)

Start: Any Monday

Class size: Maximum 12 students (average 10)

**Level:** Beginner to Advanced **Age:** Minimum 16 (average 23)



## Life-changing experiences

#### Lorenzo, 25, Italy, 24 weeks SYP In Eastbourne

Lorenzo came to ELC after finishing a Master's degree in Business. English is important to him as a way to connect and communicate with others. His experience at ELC has encouraged him to look for work on the international stage and he hopes to start his career in Event Management.

Start level: B2 Finish level: C1

**Programme:** General English, Cambridge First (FCE)

Free exam: Cambridge FCE (grade A)

"The teachers and staff members are amazing. I feel very at home here... I think I've grown up as a better person... learnt to interact with people more, be more social and less afraid to make friends and go out and meet people."



#### Ji Won, 24, South Korea, 24 weeks SYP in Brighton

Ji Won is a university student in South Korea. She is studying English because it is crucial for finding and securing a job. She is also thinking of taking a Master's degree in media and film studies in the UK so it is important for her to communicate well in English.

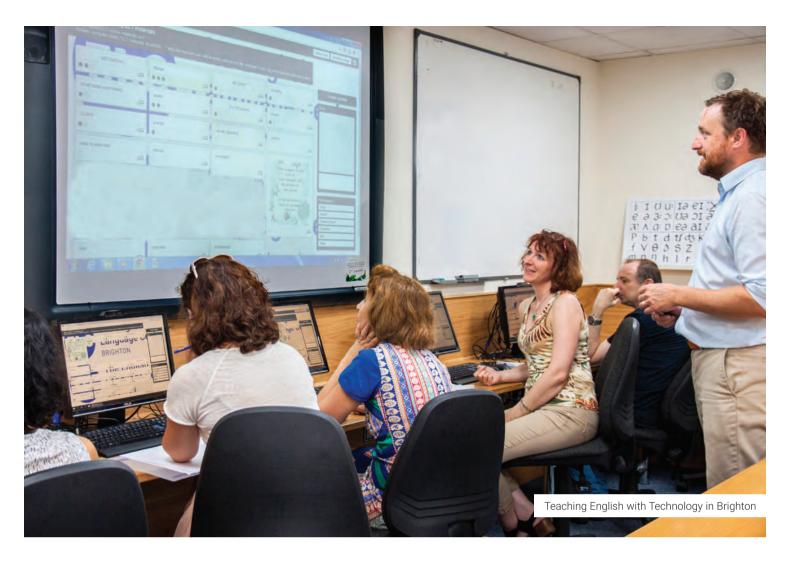
Start level: B2 Finish level: C1

Programme: General English, IELTS, Cambridge CAE

Free exam: Cambridge CAE

"My host family were lovely and always encouraged me to talk with them to help me learn English... I have been going to the social programme and have met a lot of new friends there."





# Courses for Teachers (Brighton)

Our teachers' courses aim to meet your professional needs and are ideal for overseas teachers of English.

#### These very practical courses are designed to:

- keep you up-to-date with developments in language teaching
- expand your range of teaching techniques
- encourage you to reflect on your personal teaching context
- develop your fluency and knowledge of English
- experience different aspects of life and culture in the United Kingdom
- allow you to share ideas and experience with colleagues from other countries

In addition, you will refresh and extend your understanding and knowledge of English language and culture.

## EU Funding - Erasmus +

The teachers' courses at ELC are eligible for EU funding under KA1 of Erasmus +. PIC No: 943968790.



#### **Course Facts**

Hours: 30 lessons/week (22.5 hours)

Start: Fixed dates

Class size: Maximum 12 students (average 10)

Level: A2/B1 to C1

Age: Minimum 21 (average 41)



## Aspects of Teaching English (AT)

Designed to help overseas teachers of English to secondary school students and adults to refresh their practical teaching methodology.

## **Language Methodology and Culture (LMC)**

Aims to develop your English language skills, to provide you with a refreshing and practical look at current language teaching ideas and to explore modern British life and culture.

## **English in the Primary Classroom (EPC)**

Designed to help primary specialists teach English in the primary classroom, gain confidence and fluency in speaking English in the classroom and devise materials.

# Content and Language Integrated Learning (CLIL)

Designed for all teachers involved in the teaching and learning of English through the use of the target language to teach other subjects across the curriculum and bilingual education.

## Teaching English with Technology (TECH)

Designed for all teachers of English who wish to integrate, explore and develop the use of technology in language teaching.

## **Teaching Business English (TBE)**

For all teachers of business English. Helps you develop a comprehensive understanding of the business world and extend your range of techniques for teaching business English.

## Mindfulness in Language Teaching (MEI)

Designed to help overseas teachers learn mindfulness and emotional intelligence for their own wellbeing and to apply in the classroom with their students. Taught using CLIL methodology to enhance both language and content learning.



# English for Business (Brighton)

All our business courses are designed for experienced professionals who need to communicate effectively in English. Our courses are tailored to your specific needs and develop the skills you need for use in your business contexts. All of the courses are taught by trainers experienced in teaching professionals.

#### Typical skills you may focus on:

- conducting and contributing to meetings and interviews
- giving presentations
- negotiating
- developing specialised business vocabulary
- discussing key business concepts
- developing cross-cultural awareness
- communicating effectively on the telephone
- writing effectively in business (emails, letters and reports)
- socialising

#### We can provide specialised training in areas such as:

- management
- marketing and sales
- secretarial English
- military English
- banking and finance
- computing

- travel and tourism
- law
- medicine/pharmacy
- aviation English
- engineering/ technical subjects





## **English for Engineers (FE)**

Designed for experienced engineers and other technical staff who need to use English to communicate with colleagues or clients.

## Combined General + Executive English (CGX)

For experienced business people who would like to improve their all-round level of English and also include a significant element of business English in small groups.

## **English for PAs and Secretaries (SEC)**

Designed for personal assistants and secretaries who need to use English at work.

# Combined One-to-One + Executive English (OTX)

One-to-One lessons in the mornings with small business groups in the afternoons.

## One-to-One Courses (OT)

Intensive One-to-One study focussed specifically on your personal needs.

## **Executive Mini Groups (EMG)**

Designed for the highly motivated business person who wants to focus intensively on the language of business in small groups.

# Executive Mini Groups + One-to-One (EMGO)

This option allows individual Executive Mini-Group participants to specifically focus on their own needs in one-to-one lessons after the main course.





# Fifty Plus course (Eastbourne)

## 50+ Sussex Experience (FP)

The 50+ course is designed for mature people who wish to combine practising their English with an extensive programme of visits, activities and excursions.

#### Our 50+ courses aim to:

- build your confidence in speaking English
- help you improve your understanding of spoken English
- show you the beautiful South East of Britain
- introduce you to different aspects of life and culture in the United Kingdom
- guide you around historic towns, villages, castles, parks and gardens
- allow you to meet new people and make new friends

In addition to morning lessons in mixed nationality classes with other 50+ students at your level, you will have 3 half-day events and 1 full-day guided excursion at the weekend per week booked. (3 or 4 week course options also available).



#### **Course Facts**

**Hours:** 20 lessons/week (15 hours) + social programme

Start: Fixed dates

Class size: Maximum 12 students (average 10)

**Level:** Elementary to Advanced **Age:** Minimum 50 (average 61)



# A typical 50+ social programme

Week 1	Mornings 9.00 - 10.30, 11.00 - 12.30		Afternoons	
Sunday			Arrive in Eastbourne	
Monday	Test & induction	Lessons	Orientation tour, cream tea with teachers	
Tuesday	Lessons	Lessons	Sussex villages and Beachy Head	
Wednesday	Lessons	Lessons		
Thursday	Lessons	Lessons	Croquet at Saffrons	
Friday	Lessons	Lessons		
Saturday	Full-day guided excursion to Arundel including cathedral and medieval castle			
Week 2	Mornings 9.00 – 10.30, 11.00 – 12.30		Afternoons	
Sunday	Free day or optional ex	ccursion		
Monday	Lessons	Lessons	Wakehurst Royal Botanical Gardens	
Tuesday	Lessons	Lessons		
Wednesday	Lessons	Lessons	Brighton Lanes	
Thursday	Lessons	Lessons	Photography/Bowls	
Friday	Lessons	Lessons	Lunch with teachers*	
Saturday	Full-day guided excursion to Brighton including entry to Royal Pavilion			
Sunday	Depart Eastbourne			

<sup>\*</sup>extra cost, not included in fees



# Summer Vacation courses (Brighton)

Our summer centre in Brighton, ELC Loxdale, is an attractive mansion house with its own gardens, sports hall and canteen.

## Summer Vacation course (V)

Designed for young adults typically aged 16-22 with half a day of English study. You can then join the social programme or have free time to explore Brighton.

Lessons cover speaking, listening, reading, writing and grammar. Develop your confidence and fluency in real-life English.

On occasion, lessons may alternate between mornings and afternoons on a weekly basis.

## Junior Vacation course (VJ)

Designed for juniors aged 13-15 where one of the parents is already studying on one of our adult courses. Half a day of lessons and a full programme of activities and supervision Monday to Friday.

Please note that lessons and activities on the Summer Junior Vacation course are delivered by our partner, Loxdale English Centre.



#### **Course Facts**

**Hours:** 20 lessons/week (15 hours) **Start:** Any Monday June – August

Class size: Maximum 12 students (average 10)

**Level:** Beginner to Advanced **Age:** Minimum 16 (average 18)

Activities: Optional programme or package



# Summer Vacation course (Eastbourne)

## Summer Plus course (SP)

Designed for young adults typically aged 16-22. Intensive English study with an inclusive programme of social activities.

Lessons cover speaking, listening, reading, writing and grammar. Develop your confidence and fluency to communicate outside the classroom.

Inclusive social programme – two afternoon activities and 1 half-day excursion per week.

#### **Example Activities and half-day excursions:**

- laserquest
- mini-golf
- kayaking
- cinema
- football / volleyball
- bowling
- horse-riding

- Hastings
- Seven Sisters
- Bodiam Castle
- Brighton
- Lewes
- Camber Sands



#### **Course Facts**

**Hours:** 25 lessons/week (18.75 hours) + social programme

Start: Any Monday June - August

Class size: Maximum 14 students (average 12)

**Level:** Elementary to Advanced **Age:** Minimum 16 (average 18)

Activities: 2 activities + 1 half-day excursion per week



# **Accommodation**

We understand how important your accommodation is for successful language study. Our dedicated accommodation teams have carefully selected a range of options to ensure that you feel as comfortable as possible.

#### **Homestay Accommodation**

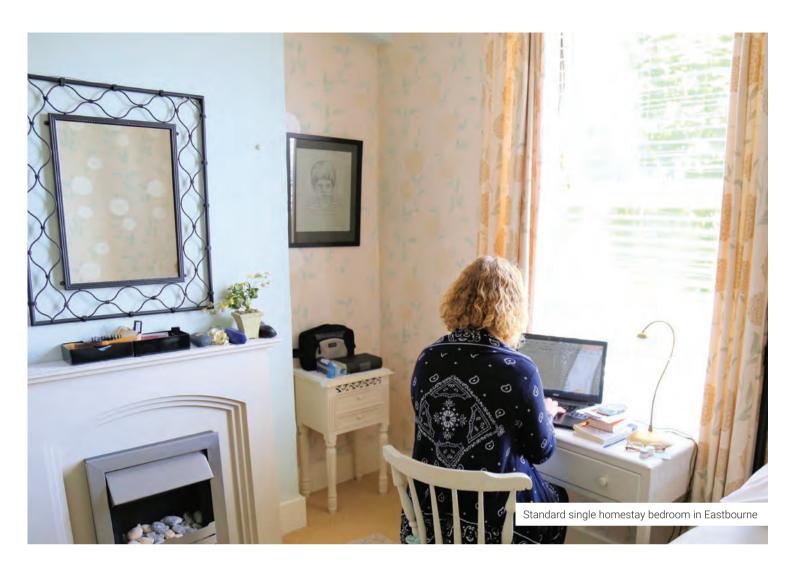
Living in homestay accommodation provides you with the perfect opportunity to experience English life and to practise using your English in everyday situations.

Our carefully selected hosts offer a friendly, safe home environment, all within 30 minutes of school.

We can offer a range of homestay options including single or twin/double rooms, shared or sole use of bathrooms, B&B or half-board and free Wi-Fi.







#### **Residence (Brighton)**

ELC has an allocation of rooms in Britannia Study Hotel, a modern residence with 134 bedrooms. This self-catering option is located in the heart of Brighton, 10 minutes' walk from school. Ensuite rooms with shared kitchens and free Wi-Fi.

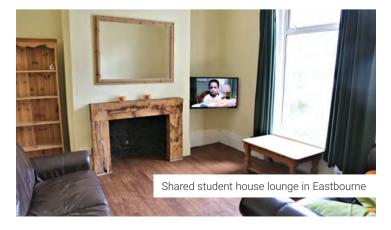
#### **Shared Student Houses**

Ideal for students who want greater independence and to cook their own meals. Single or double rooms with free Wi-Fi and shared kitchens and shared bathrooms, all within easy walking distance of school.

#### **Hotels and Guest Houses**

ELC has negotiated special rates with local hotels and guest houses within 5-15 minutes' walk of the school. All offer bed and breakfast, single or twin/double rooms with ensuite bathrooms and Wi-Fi.







# **Social Programme**

ELC organises a full programme of afternoon and evening social activities and weekend excursions to help you practise your English, make international friends, learn about UK life and culture and explore this beautiful country.

Our full-time social organisers offer activities every day during the week and full-day guided excursions at weekends.

#### **Social Activities**

- weekly conversation club
- monthly job club
- bowling
- movie nights
- fish & chips / cream tea

#### **Sports**

- football
- tennis
- watersports
- volleyball
- horseriding

#### **Half-day Trips**

- Beachy Head and Seven Sisters
- Lewes
- Football matches at Arsenal or Chelsea
- London musicals like Lion King
- Arundel, Bodiam or Lewes castles



#### **Weekend Excursions**

- London
- Canterbury & Leeds Castle
- Stratford Upon Avon
- Windsor & Hampton Court
- Bath & Stonehenge
- Cambridge & Greenwich
- Oxford & Windsor
- WB Studio: The Making of Harry Potter



# Sample Social Programme

	Afternoon	Evening	
Monday	Walking tour*		
Tuesday	Conversation Club*	Movie Night	
Wednesday	Trip to Arundel	London Musical	
Thursday	Football / Volleyball*	Laserquest	
Friday	Cream Tea		
Saturday	Full day guided trip to London		
Sunday	Full day guided trip to Bath & Stonehenge		

<sup>\*</sup>Free activities. See websites for weekly programmes and prices





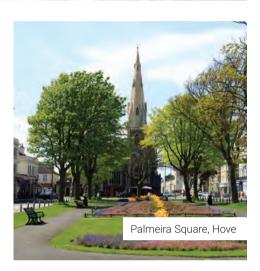








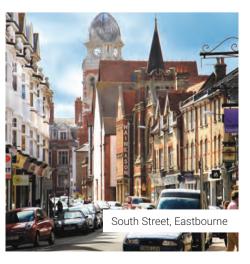




















#### **Brighton**

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#### **Eastbourne**

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